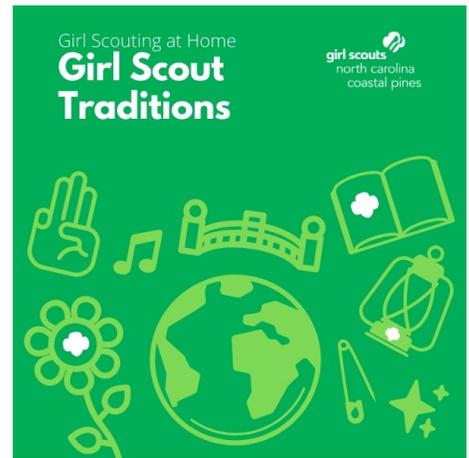


Girl Scouts North Carolina Coastal Pines invites girls, families, and volunteers to stay involved while at home. We know that today's girl is ready to pivot on a moment's notice and is willing to embrace new ways to explore Girl Scouting. That's why we're promoting these options for engaging with us while you're at home today ... or any day!

TRADITIONS encourage Girl Scouts to continue to maintain a connection with the Girl Scout traditions. Each Tuesday we'll share ways for you to learn about, celebrate, and practice traditions that are at the heart of the Girl Scout Movement. Join the conversation online. **#OurGSNCCPCommunity**



Throughout the centuries Girl Scouts have given back to the earth and their communities in many different ways. Through clean ups, restoration projects, or even advocacy. We like to maintain tradition while integrating modern knowledge and technology. As we celebrate the earth lets journey to the outdoors. Using our artistic side we will create beautiful projects that are inspired by nature and our imagination while exploring the world around us .

Create an Upcycled Bird Nesting Material Dispenser

Upcycling means reusing garbage or unwanted items to make something new. You can use a mesh produce bag (like oranges or onions come in) or any open sided plastic container. Fill it with any of these safe materials: dead twigs and leaves, dry grass, feathers, plant fluff or down, moss, pine needles, shredded paper, yarn scraps or string (natural fibers, cut to 1-2 inches long), pet hair (only if your pet hasn't had any chemical treatments for fleas or ticks recently). **PLEASE DON'T USE:** human hair, plastics of any kind, dryer lint, metallic strings or scraps.



Create a Brownie Elf Garden terrarium

Brownie Outdoor Art Creator step 5 and Junior Outdoor Art Explorer step 5



Use an old clear glass or plastic jar (or any container with a wide top and a lid). Clean well before using.

In layers, put in 1-2 inches of gravel, then 2-3 inches of moistened soil. Arrange small flowers and plant stems to create your garden.

Add water when the soil looks dry.

Take a walk outside with your family and observe the world around you.

Daisies (Outdoor Art Maker step 1 and 2)

Find things in nature that are the same color as something you (or someone in your family) are wearing.



Can you hear the following sounds? Make up a story about the sounds you hear.

An insect buzzing or humming

A dog barking

A bird chirping

A frog croaking

A car horn honking

A squirrel or chipmunk chattering

Leaves rustling



Brownies (Outdoor Art Creator step 1 and 4)

Find colors and shapes in nature that you could use to create art. Write words or pictures of what you see, hear, and smell as you walk: Is it sunny or cool? Can you feel a breeze? Do you see pictures in the clouds? Can you smell pine needles or rain? Do you hear the wind in the trees or insects buzzing? Stick out your tongue – does the air have a taste?

Write a story or poem about what you observed

Pick something tiny in nature, like a bird or a bug. Pretend to shrink yourself and think about what the world would be like if you were that size.

If you have a smart phone, take pictures from the perspective of your creature. How would a bird look at a flower? How would a bug see a blade of grass? Show your pictures to your family.

If you don't have a camera, no problem! Draw a picture of what you see. You can use the tube from an empty paper towel roll, or make a square with your hands to help you focus your vision on a small area.

Juniors (Outdoor Art Explorer step 1)

Observe wildlife (from a respectful distance). Look at the colors, textures, and different body parts you see. How do these features help each creature thrive in its environment? Mix up these features to create a piece of art showing a new kind of wildlife that would be well-suited to the environment you live in.

Perform a song both inside and outside. How is the sound different in different locations?



Create outdoor art

Daisies (Outdoor Art Maker step 3)

Draw or paint a Leave No Trace picture. Here are some things you can include:

Leave what you find (look at flowers, don't pick any)

Trash your trash (take any garbage with you)

Choose the right path (use a walking path when possible, so that you don't disturb any wildlife)

Brownies (Outdoor Art Creator step 3)

Make recycled wind chimes using dead sticks, string, and used objects like cans, keys, old flatware, or bottle caps. Hang it outside and listen to the sounds it creates.

Juniors (Outdoor Art Explorer step 2)

Make an impression of leaves, shells, a pine cone, or something from nature that is unique to where you live, using clay or salt dough. Press your found objects into the clay or dough, then remove them and return them to where you found them. Ask an adult to help you dry our impression in the oven, or leave it in a protected, sunny spot to dry.

Salt dough

Combine **3 cups flour** and **1 cup salt**. Add **1 cup water** (with up to **15 drops of food coloring** if desired). Use **electric mixer** to mix the dough on medium speed until a ball forms (if the dough is dry, add more water—1 tablespoon at a time—until the dough comes together). Remove dough from bowl and knead until smooth. Form the dough into discs and make the impressions. If you want to hang your finished project, use a **drinking straw** to poke a hole at the top. Place discs on a **parchment paper** or **foil-lined cookie sheet** and bake for 2 hours at 275°



Extra Fun

Ways to participate with Earth Day

- 1) Make a window sign letting people know how they can help the earth. Be sure to include #earthrise or earthday2020.org on your sign to give people who see it a place to go for ways to follow up. Visit <https://www.earthday.org/actions/make-an-earth-day-window-sign/> for sign ideas.
- 2) Ask your parents to get the Earth Challenge 2020 app to participate in their citizen science Initiative. You and your family can help collect data on plastic pollution or air quality that will help measure environmental data in your area.

Need a copy of a Journey, badge requirements or want to order patches? While our shops are closed, please feel free to [shop online](#) or [email](#) us for merchandise needs. We will provide free shipping within in our council footprint on orders emailed to us (please provide phone number in email so we can call you for payment details).

Questions? programteam@nccoastalpines.org

www.nccoastalpines.org